#### Greeting from South Korea!

In light of on-going developments with COVID-19 and after thoughtful discussions with the organizing committee and the founders of the ISSEP, the 8<sup>th</sup> ISSEP has been decided a free, virtual online conference on Monday, 21 and Tuesday, 22 December 2020. The Seminar will be hosted by Department o Sport Science, Seoul National University of Science and Technology and held in the virtual function room located in the SEOULTECH campus.

I believe this is the safest approach for the well-being of our audience and we are excited that a virtual event makes it possible to broaden the learning opportunities and engagement with sport and exercise psychology in our region.

Students and colleagues from difference countries will be able to participate virtually in vital conversations around fundamental and advanced knowledge in sport and exercise psychology. Especially, networking and mutual understanding are a cornerstone of the 8<sup>th</sup> ISSEP and attendees will be able to partake in interactive and engaging experiences through a new dynamic virtual conference platform.

I am delighted that the Organizing and Scientific Committees have obtained tremendous support from our keynote speakers, invited speakers, presenters and all attendees, thus enabling us to successfully convert the congress to a virtual one. With all of you I am sure this conference would be an exciting and illuminating one for all.

I welcome you to the 8<sup>th</sup> International Seminar on Sport and Exercise Psychology, which is our very first virtual conference in December 2020. See you there and stay safe!

Yours sincerely,

Youngho Kim, PhD, Professor Chief Organizer

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8th International Seminar on Sport and Exercise Psychology

# Important Date

Open abstract / full paper submission: November 10, 2020 Abstract / full paper submission deadline: December 10, 2020 Notification for abstract / full paper acceptance: December 15, 2020 Conference date: December 21-22, 2020

# Submission

E-mail: eostm2000@naver.com

# Scientific area

Sport psychology / Performance Psychology Health and Exercise Psychology Motor Control and Learning / Motor Development

# Presentation Types and Times

Keynote (invited only): 40 mins. (including Q&A)
Invited Presentation (invited only): 30 mins. (including Q&A)
Oral Presentation: 15 mins. (including Q&A)
Poster Presentation: The presenters send the one page ppt-formatted poster slide to the organizer at first. Then, the authors will present their work in the designated time with 5 mins. brief summary (including Q&A). The organizer will prepare your poster in online.

# Guideline for abstract submission

The abstract must be writing in English and submitted online via E-mail (<u>eostm2000@naver.com</u>). The abstract should consist of the following: title, name of the author, institutional affiliation, e-mail address. The abstract is restricted between 250-300 words, including purpose, methods, results, and conclusion. Keywords should be 3-5 words. The font of the abstract is Time New Roman. The font size of the abstract is 10pt except the title. All accepted abstracts will be published in the proceeding of the 8<sup>th</sup> ISSEP. The example of the abstract format is attached.

#### Guideline for full paper submission

Full paper must be writing in English and submitted online via E-mail (eostm2000@naver.com). The full paper should consist of the following: title, name of the author, institutional affiliation, e-mail address, abstract, introduction, methods, results, discussion, conclusions, and references. The abstract is restricted between 250-300 words, including purpose, methods, results, and conclusion. Keywords should be 3-5 words. The font of the full paper is Time New Roman. The font size of the full paper is 10pt except the title. References and citation should be in APA style. All accepted full paper will be published in the proceeding of the 8th ISSEP.